

Mingara Aquatic Swimming Club Newsletter

November 2008

Mingara Aquatic Qualifying Carnival – The Wrap

Wow!!! What a great weekend. We had swimmers from all over the state compete at our carnival to swim Saturday or Sunday, or both days. Saturday was the day to turn up for the 50m and the 100m events and Sunday for the 200m to the 1500m events. With this carnival being one of the first of the season for many kids (and parents), it was great to see lots of smiles on faces from kids that had their first ever race through to those that were chasing their qualifying times for country, metro, state or nationals.

The club received many great comments from both swimmers and parents that were extremely happy for both the way we ran the carnival and the quality of the swimmers that attended. On Sunday we gained numerous comments of praise for running the events in the first session. We used 6 lanes and provided a lane for the distance swimmers (1500m and 800m) to swim down.

As usual it takes a lot of time and effort to put a carnival of this size together without singling out any one person. I would like to thank all who contributed from putting the entries and programs together, also setting up on Friday, Saturday and Sunday, those who sold entry tickets programs and raffle tickets, Marshalls, Check Starters, Recorders, Starters, Announcers, Caterers, BBQ and all the parents who gave up their time to time keep over the 2 days. There were also a number of junior helpers who were also happy to give us assistance over the weekend; without you the carnival wouldn't have been as successful as it was. Thankyou all very much, even to the ones who weren't swimming that helped.

At the conclusion of the carnival, John Hart, the referee for the weekend made a huge statement that reflects on the way our senior swimmers conducted themselves on the weekend. Jordon Burnes, Luke Chilcott, Ben Chilcott, Jess Cook, Nathan Dennis, Ben Finch, Coral Hardwick, Nick Hawthorne, Sarah Hoyles, Lauren Kasmar, Kylie Kasmar, Tom Moloney and Jess Potter. These kids are all members of Dave's high performance squad and not only swam at their best but were available to help out with time keeping, run the BBQ, catering, lap counters for the 800/1500m events etc. John was very impressed with your attitude and maturity with helping over the weekend. It's a credit to you all, well done!!!

As your president I am very proud of you all, as are your coaches and committee.
Dave Potter

Mingara Aquatic Swimming Club

Presentation Day

Where: Mingara Athletics Field

When: Saturday, 15th November

Time: 3pm – 6pm

Come along and join in as we celebrate our children's achievements over the last 12 months.

- Family Sausage Sizzle
- Face Painting and Hairspraying
- Games for all

Can you please fill out the slip below and return in the Club Night Box by Friday, 7th November, so we can confirm numbers for catering.

For more information, contact Shayne Kerr on (0439) 644032

See you there!!

Family Name: _____ No attending: _____

Presentation Day

Mingara Aquatic is holding it's Annual Presentation Day on Saturday, 15th November at Mingara Athletics Field from 3pm – 6pm. Please see flyer in the Newsletter. We hope to see you there.

STOP PRESS!!!!!!!!!!!!

As you are aware, it is becoming more and more difficult finding helpers for Club Night. To ensure that the load is shared, from Friday, 31st October, before Club commences a random grade and heat will be selected and parents from this will be asked to timekeep and help. A record of the grade and helpers will be kept to ensure that parents who have children in different grades don't get called up weeks in a row. Your assistance with this would be greatly appreciated. Many thanks.

Troy's Been Swimming!

We haven't heard much from Troy Puttergill lately, but recently he competed in 2008 Lake Macquarie Games for the Disabled and Swimming NSW Meet for NSW Association of Disability Sports with great results. At Lake Macquarie he won 5 Gold medals in the 50M freestyle, butterfly and backstroke and in the 100M freestyle and backstroke. At Homebush, he won 3 Gold medals in the 50M back and fly, 100M fly and 2 Silver medals in the 400M free and 200IM. Congratulations Troy on a great result!

Our Newsletter is going Green!

The Newsletter will be emailed directly to you, will be available on the Mingara Aquatic Swimming Club website (www.mingaraaquatic.com) and posted on the noticeboard. This means that you will get your newsletter in a more timely fashion and we save paper. If you have not provided me with your email, please forward details to me so I can put you on the list. If you have any concerns about this, please feel free to contact me,

Judy Chilcott, on (0448) 893557. If you have any information you would like put in the Newsletter please email Judy Chilcott at thecotts@bigpond.net.au

This could some helpful hints and tips, recipes or anything else you may like to share. The closing date for the next newsletter is **28th November.**

Sportsperson of the Month

The Mingara Recreation Club Sportsperson of the Month nominee for October was Teigan Van Roosmalen for her achievements at the Parolympic Games. Congratulations, Teigan.

Club Meeting

Our next meeting is **Wednesday, 12th November at 6pm** at Mingara Recreation Club exact location will be announced closer to the date (please check notice board closer to the date.) All welcome!

Sponsors

Mingara Aquatic Swimming Club would like to thank our sponsors for their ongoing support. They are:

- ❖ **Mingara Recreation Club**
- ❖ **Fruit For All, Berkeley Vale**
- ❖ **Hollier's Butchers, Long Jetty**



MINGARA

Upcoming Events 2008/2009

Date	Event	Place
15 November	Annual Presentation Day	Mingara Athletics Field
30 Nov-6 December	Pacific School Games	Canberra
5-6 December	Central Coast Championships	Mingara One
5-9 January 2009	NSW State Age 13-18yrs	SOPAC
10-11 January	NSW State Age 10/under-12yrs	SOPAC
24-25 January	NSW Country Regionals	
31 January	Mingara Development & Open Meet	Mingara One
7 February	Speedo Sprint Series Heats	
13-15 February	NSW State Open Championships	SOPAC
21-22 February	NSW Country Championships	SOPAC
28 Feb-3 March	Australian Age & Open, Open Water Champs	
8 March	Speedo Sprint Series Finals	SOPAC
21 March	Telstra Australian Swimming Championships	SOPAC
13-18 April	Australian Age Championships	SOPAC

PLEASE NOTE: Entries for Central Coast Champs close Monday 10th November

Fire Sale!

We're clearing out the clothing cupboard!



Club shirts, Shorts,
Trackpants, Rugby Tops,
Beanies, Swimming Costumes

Bargain Basement Prices

Friday, 7th November at Club

Bring your money with you!