

Mingara Aquatic Swimming Club Newsletter

December 2008

Annual Presentation Day

The weather forecast looked grim but the weather God was looking after us when it came to celebrating our children's achievements at Presentation Day.

The face painter was kept busy creating works of art and the monumental football/soccer game was yet again a great hit. We had three-legged races and sack races, for adults and children, which provided great entertainment for all.

Thank you to all who organised the day, especially Shayne Kerr who spent many, many hours getting things together and to our BBQ Guru, Tony Harris, for doing such an excellent job feeding us.

The winners on the day were our children who we were there to acknowledge and celebrate with. Congratulations to you all on a wonderful year and all that you have achieved. Our major award winners were as follows:

✚ Carly Fitton Award	Georgia Butler
✚ Pointscore Champion	Kieran Casey and Jordan Burnes
✚ Commitment to Training	Brady Casey and Jordan Burnes
✚ Junior Captains	Liam Covi and Alara Townsend
✚ Senior Captains	Kieran Casey and Jordan Burnes
✚ Club Person of the Year	Dale Dezius

Central Coast Championships

Mingara Aquatic was once again named Champion Club winning all 3 Pointscore trophies - Overall Pointscore, Formstroke Pointscore and Freestyle Pointscore at the Central Coast Summer Swimming Championships on Friday 5th and Saturday 6th December. In all the Club won a total of 139 medals (57 Gold, 48 Silver and 34 Bronze), broke 9 records and had 12 swimmers named Age Champion. This was our last Central Coast Championships as the new area changes come into play in April, so it was great to go out on top. Congratulations to all those that competed at this fantastic results. For more detailed results, please see the Notice Board.

As usual it takes a lot of time and effort to put a carnival together. Thank you to all who helped out at the carnival from setting up on Friday Night, those who sold entry tickets programs and raffle tickets, Marshalls, Check Starters, Recorders, Starters, Announcers, Caterers, BBQ and all the parents who gave up their time to Timekeep over the 2 days. Without you are carnivals don't run. Many thanks.

Club Night Information

As you are aware, it is becoming more and more difficult finding helpers for Club Night. To ensure that the load is shared, from Friday, 31st October, before Club commences a random grade and heat will be selected and parents from this will be asked to time keep and help. A record of the grade and helpers will be kept to ensure that parents who have children in different grades don't get called up weeks in a row. Thank you so much to all those parents who have supported this. It really makes such a difference.

Club Night resumes 13th February 2009 and that night we will be asking for 'A Grade' parents who haven't yet Timekept to help so if you could be there that would be great.

Pacific School Games

Six swimmers from Mingara Aquatic represented their schools at the Pacific School Games held in Canberra from November 30th - December 6th, winning 13 medals between them. They were Jordan Burnes, Kieran Casey, Liam Covi, Sarah Hoyles, Teigan Van Roosmalen and Brad Woodward. Congratulations to you all and we hope that it was a truly memorable experience. For details of results, please see the Notice Board.

Sportsperson of the Month

The following swimmers were nominated for the Mingara Recreation Club Sportsperson of the Month Awards:
November - Luke Chilcott
December - Brad Woodward
Congratulations, Luke and Brad, on your nominations.

Encouragement Awards

Encouragement Awards are nominated by our Coaches and are awarded to those non-representative swimmers who are always trying hard in their training and at Club Nights. The award winners for December are **Casey Slough** and **Zac Johnson**. Congratulations, Casey and Zac. Keep up the great work!

Chocolate Money

If you have not yet returned your Chocolate Money can you please do so **ASAP** so we can finalise our account? Thank you all those families who supported this fundraiser. It was a great success.

Newsletter Information

The Newsletter will be emailed directly to you, will be available on the Mingara Aquatic Swimming Club website www.mingaraaquatic.com and posted on the noticeboard. If you have any information you would like put in the Newsletter please email Judy Chilcott at thecotts@bigpond.net.au

This could some helpful hints and tips, recipes or anything else you may like to share. The closing date for the next newsletter is **13th January 2009**.

Club Meeting

Our next meeting is **Wednesday, 14th January at 6pm** at Oliver's Café in the Swim Centre at Mingara One. All welcome!

Sponsors

Mingara Aquatic Swimming Club would like to thank our sponsors for their ongoing support. They are:

- ❖ Mingara Recreation Club
- ❖ Fruit For All, Berkeley Vale
- ❖ Hollier's Butchers, Long Jetty



MINGARA

Upcoming Events 2008/2009

Date	Event	Venue	Closing Date
5-9 Jan 2009	NSW State Age 13-18yrs	SOPAC	CLOSED
10-11 January	NSW State Age 10/under-12yrs	SOPAC	CLOSED
31 January	Mingara Development & Open Meet	Mingara One	9th January
7 February	Speedo Sprint Series Heats	PLC	9th January
13-15 February	NSW State Open Championships	SOPAC	19th January
21-22 February	NSW Country Championships	SOPAC	30th January
28 Feb-3 March	Australian Age & Open, Open Water Champs		TBA
8 March	Speedo Sprint Series Finals	SOPAC	TBA
21 March	Telstra Australian Swimming Championships	SOPAC	TBA
13-18 April	Australian Age Championships	SOPAC	TBA

PLEASE NOTE:

No late entries will be accepted and all entries must be submitted with payment. Place carnival entries in an envelope with your name and contact number clearly marked on the front and place in the Carnival Entry box on pool desk. Please make cheques payable to:

Mingara Aquatic Swimming Club Inc

If you have any question, please don't hesitate to contact Sharron Peoples on (0400) 367046.

Canberra Trip

On Friday 12th of December a team of 19 members of Mingara Swimming Club hopped on a bus in the pouring rain and headed down to Canberra to compete in the Canberra Christmas Classic at the AIS pool. The five and a half hour bus trip down was squishy, loud, and cold and lots of fun! After stopping at McDonalds for a nutritious dinner, the boys decided to take extra straws and napkins and started shooting spitballs at everyone, even at cars. The last couple of hours of our trip down were spent with wet, sloppy spitballs whizzing around our heads and sticking to all the windows of the bus.

**WARNING! Never trust Ben Chilcott with a spitball... EVER!
He is deadly accurate!**

We arrived at the Eaglehawk Holiday Park, where we were staying, at 8:30 pm with everyone running to check out their rooms. One of the first things the younger boys did was make a "state-of-the-art" cubby house out of spare sheets, and as always... lots and lots and lots of spitballs! Thank goodness we didn't have to stay in their room, although we had a different little surprise waiting for us on our bathroom door!

Even though we were up late playing card games and there were no sleep-ins, we had excellent results in the pool. PB's, records, Country, State and even National qualifying times were the order of the day. We even had three of our senior swimmers Jordan Burnes, Nathan Dennis and Kieran Casey making it into the final for the "*Splash for Cash*" with Kieran coming 3rd and winning \$25.

As well as the team of 19 swimmers that traveled down on the bus for the carnival there was also another Mingara person.... our littlest competitor..... Zach Johnston was also there to compete. Zach not only won gold, silver and bronze medals but he was also one of our team's loudest cheerers. Well done Zach.

On the way home from Canberra it was once again squishy, loud, cold and EVEN MORE fun. Once again boys were firing spitballs from every angle and having good shots at passing cars. We also learned that it's important to have large windows on the bus... for sightseeing and for the all important air flow (to get rid of THOSE smells... YES you know who you are!!!) and that it's never a good idea to fall asleep on the bus.

Out of all the 41 clubs at the pool we DEFINITELY looked the most impressive. We stood out with our club shirts and our amazing shouting skills. Team support was brilliant... We were definitely a united team in every way! I would also like to say a BIG thank you to Dave Negus, his excellent coaching and advice made all our results possible, and to Di and Wayne Dennis for making it a fun trip, a great carnival and an even better experience. Last of all I would like to say another thank you to Dave... I really appreciated the invitation to join the high performance squad on their trip away.

Alara Townsend

On behalf of the Committee we would like to wish you and all your family a very safe and Merry Christmas and wishes for much peace, laughter and happiness in 2009.

All the best!

